

The Quill

THE NEWSLETTER OF ST. STEPHEN LUTHERAN CHURCH

Williamsburg, Virginia

November 2011



Coming to Know Christ

In his Confessions, St. Augustine expressed this truth of our Christian faith: %ou have made us for yourself, and our hearts are restless until they rest in you.+ All restlessness is the desire to rest in God. (We may not even recognize that, but it's true.)

How are you restless? What form does your restlessness take?

I've found myself caught by a verse from Philippians that we read several weeks ago during worship. I find myself identifying closely with Paul, as he writes about his own restlessness: %want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, if somehow I may attain the resurrection from the dead.+ (Philippians 3:10-11)

We know, from what Paul writes throughout his letters, that he is not uncertain about his salvation! It's just that he's living %a-between+. as you and I are. The resurrection of Jesus Christ has happened. We've been baptized into that. Our salvation comes from that grace. But our own resurrections have yet to occur! What do we need to die to in ourselves -- %becoming like him in his death+. so we can rise with Christ? That entails suffering. %haring in Christ's sufferings+. because we don't want to let any of that go! (For instance, %don't want to die to my pride of accomplishing the items on my check list, or to my pride in accomplishing anything for that matter! That's how I measure my own worth and value.+ Of course, that means one thing: %don't need God.+))

And so, you and I must become like Christ in his death, dying to those things in ourselves that can make us pretend that we do not depend upon the grace of God. Those are what prevent us from knowing Christ and the power of his resurrection. We die to those things, so that we can %walk in newness of life.+(Romans 6:1-11).

%want to know Christ and the power of his resurrection and the sharing of his sufferings + We live in the power of Christ's resurrection, even if our own resurrections are still in the future. Paul describes what that looks like in several places.

Others see the power of Christ's resurrection in us when we are %kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you.+ (Ephesians 4:32).

Others see the power of Christ's resurrection in us when people see in us %love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control.+ (Galatians 5:22-23)

Others see the power of Christ's resurrection in us when we live by these very challenging words of Paul: %Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all + Do not be overcome by evil, but overcome evil with good.+ (Romans 12:14-17, 21)

We can only live in those ways by coming to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, if somehow we may attain the resurrection from the dead.

God the Holy Spirit calls us together into congregation to be pilgrims together on the journey of faith, being formed and helping to form each other in the joy of knowing Christ and living in the power of his resurrection. Join with your brothers and sisters in the places where this faith formation happens: in the worship, in the study, in the conversation and consolation that we engage in together.

Pastor Andy Ballentine

Thanksgiving Worship

Thanksgiving Worship for members of St. Stephen and St. Martin Episcopal Church will happen in our worship space **Wednesday, November 23, 7:30 PM**. Worshipers will have the opportunity to stand at their places and offer thanksgivings for the year.



Ministry Associate Quill Musings

The ELCA National Youth Gathering is approaching. Next summer 39,000 youth and adults from ELCA congregations around the country will descend on New Orleans, Louisiana to learn about and live God's Word. There will be lots of music, singing, dancing, and worship. While it isn't all about learning, that will happen, along with a whole lot of sweating (New Orleans is apparently quite hot during the summer) and fun! One of the main focuses is on the idea of servanthood -- serving others who are in need.

This is main reason the Youth Gathering is taking place in New Orleans. At the last Youth Gathering three years ago, New Orleans was chosen for the gathering because of its continued need after the devastation of Hurricane Katrina. According to all the literature, it was enormously helpful to the people of New Orleans, both financially (39,000 need a place to sleep and eat a lot of food!) and the servanthood projects in which the Youth Gathering took part. Going back to provide more help to the people there, still trying to fully recover from Hurricane Katrina, is the main reason for the location.

It can be difficult to understand how we are part of a larger body of Christ if we never leave our own town to meet others who practice our faith. Being able to go to Synod Youth Events, National Gatherings, and other times when we gather together in a larger body to worship can be really eye opening and empowering. If you have never participated in worship (in whatever form) with lots of other people who share your faith, I highly encourage you to find an opportunity to do so. It is important to understand that we are part of a larger body of Christ in the world.

This is one of the main reasons that I am looking forward to going to the Youth Gathering. Being a part of such a massive undertaking, with the main focus being on worship and service, looks to be pretty amazing (also amazing, the vast amount of water that 39,000 people in the July heat of New Orleans will be drinking!). If you are interested in more information about this, talk to the youth that have gone before, and let them witness the amazing time that they had!

Doug Cummings, Ministry Associate

From the Director of Music



I wish to express my thanks to all who have given of their time and talent to help make our Reformation Sunday liturgies so beautiful. The music ministry is completely dependent upon those who accept the call from the Holy Spirit to come forth, and my prayer is that we all be open to the possibilities of offering our talents to the Lord. That is the primary reason to participate in our music making, and all the wonderful benefits that we enjoy because of our willingness to answer the call are pure gift. I am praying that the Lord will help me to seek new avenues to extend the invitation to those who have much to offer, but as yet have not realized their gifts. We are blessed with a very talented congregation, and I am honored to serve at St. Stephen.

Pastor Andy and I have discussed working together to further enhance our Liturgical celebrations by having a forum to explain, and thus appreciate, some of the wonderful traditions in our worship. This would be especially helpful for any visitors who come and join us on Sunday, and also it is good to appreciate the traditions from which our prayers and gestures of celebration arise. I will be writing about this in upcoming *Quill* articles, and also we will be using time prior to a worship service to share this information.

So many things that we take for granted in our celebrations trace their way back to the earliest days of the Church, and in a society which considers most of what we do on a Sunday to be completely foreign, I look forward to renewing my own interest in why we do what we do in Liturgy.

Your Brother in Christ,
Michael Monaco



CPR and AED Training at St. Stephen

Eighteen St. Stephen members participated in the two-hour instruction given by Chris Bell, Battalion Chief, Williamsburg Fire Department, teaching us the procedures for administering CPR (Cardiopulmonary Resuscitation) and using the AED (Automated External Defibrillator). Chris took us through the American Heart Association's recommendations for administering CPR to adults, youth and infants in addition to procedures for helping choking victims of various ages.

One, two, three, four! Saving a life, saving a life! That's an adaptation of the Bee Gees' song (from Saturday Night Fever) that **Doug Cummings** (aka John Travolta) was singing as we learned the most effective rate for the chest compression techniques we were practicing on the rubber **mummies**. That rate is greater than 100 compressions per minute, the same rhythm as the beat of the song. The more we practiced the more efficient and comfortable we became with the procedures.

The instruction and practice using our AED showed us how new technology has made them simple and user-friendly. Clear audio and visual cues told us what to do when using the AED and coached us through procedures. A shock is delivered only if the victim needs it. Our AED is available in the upper floor hallway.

Marcie Clark, Parish Nurse, and **Doug Cummings** organized this very productive October Saturday morning class. The most frequently heard comments after class were: "I'm so glad I did this!" "The hands-on practice gives me the confidence to know what to do, and when, in an emergency." "I would never have attempted to use the AED before this, and now I see how simple it is."

If you would like to participate in a future CPR Class notify Marcie or Doug of your interest.

Nelia Heide, Wellness Ministry



Preventing Colds and Flu

How colds and influenza Spread:

Influenza and cold viruses spread in respiratory droplets caused by coughing and sneezing. They usually spread from person to person, though sometimes people become infected by touching something contaminated with the virus and then touching their mouth, eyes, or nose.

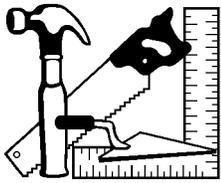
Have you ever wondered how top doctors personally battle nasty bugs each winter? Here are their expert tips for keeping pains, aches, sniffles, and sneezes at bay as reported on WebMD.

Wash your hands to keep germs away: The advice you've probably heard dozens of times from your doctor (and many more times from Mom). Wash your hands throughout the day -- really does prevent infections, and all the doctors we talked to said they do it religiously. Wash my hands or use a hand sanitizer 40 to 50 times a day, says pediatrician Christopher Tolcher, MD. What to use? Warm water and soap will kill the germs, but be sure you don't rush. Try to wash for 20 seconds -- sing Happy Birthday to myself twice, says Nancy Hughes, MS, RN. No matter how clean they may be... remember this: Hands are veritable germ factories, so keep them away from your nose and mouth.

Keep cold and flu germs off surfaces: Computer keyboards, telephones, doorknobs, pens that are given to you when you sign for a credit card -- all of these are surfaces that have great potential for harboring germs, says Neil Schachter, MD, professor of medicine at Mount Sinai School of Medicine in NYC and author of *The Good Doctor's Guide to Colds and Flu*. Make it a point of carrying around little bottles of alcohol-based cleansers, and I use them liberally after I suspect that I've been exposed, he says.

Cover Your Cough or Sneeze in Your Sleeve: The Centers for Disease Control and Prevention recommend you cover your mouth and nose with a tissue when you cough or sneeze and put your used tissue in the waste basket. If you don't have a tissue, cough or sneeze into your upper sleeve or elbow, not your hands.

Compiled by Nelia Heide, Wellness Ministry



From your Renovation Committee-

**October 2011 Update for your Renovation Project
Written 10-11-11**

Wow, what a month. The changes to the Narthex and Sanctuary are significant.

The lights have been completed in the Sanctuary and the controllers and touch pads will have to be programmed to operate to their full potential. I expect that to be done during the week of October 10 -17 [after the *Quill* has been processed].

The Narthex interior has moved right along. The irregularities in the floor are being fixed prior to the installation of the carpet.

The Narthex molding is being installed and the wood texture and coloring is very impressive.

The situation with the window molding has been reviewed by the Williamsburg Architectural Review Board and the plan to solve the problem has been approved. The new mullion panels are being made by Niceworks (a subsidiary of our contractor). They should be available for installation in the next few weeks to complete the window look.

Forecourt work has been completed and what a positive change that turned out to be. Thanks to all who were able to use the slate and saved us from having to dispose of it.

The organ did have to be re-wrapped due to the amount of work being done which caused the generation of dust and debris.

The committee and the contractor are working out those necessary minor details such as paint, carpet, shades, stains, etc. These are so time consuming but so necessary nonetheless.

In spite of weather delays and the window problems, the contractor is anticipating that the work should be completed by the end of October.

Upcoming Milestones:

One of the last things to go into the project are the cabinets and benches in the Narthex; once the walls are painted and the carpet is in, expect to see all the wood work. Prepare to be amazed!

We did not include the landscaping of the area in the

contract since that type work has been a labor of love for so many members. The plan and plantings are being worked on by the committee and a core of gardening volunteers.

We should start seeing the completion of individual aspects of the project leading to the completion of the overall project and regaining full use of the facilities.

At the outset of this project, we were able to interview several contractors and choose the one we thought would fit in with us and the project. We are so pleased with the selection of David Nice and company. It did prove to be the right fit with St. Stephen.

**Paul Kristiansen
Project Manager**



St. Stephen is called to PORT again!

On **Tuesday, November 8 through Wednesday morning, November 9**, St. Stephen Lutheran Church will again help serve the homeless at Parkview United Methodist Church, Newport News through PORT (**P**eople **O**ffering **R**esources **T**ogether). We have done this for five years at Parkview helping to staff the church shelter for dinner, the night, and breakfast the next morning. Our volunteer group (about 50 St. Stephen volunteers) who continue to serve every year has been very appreciated not only by our own church members but also by the PORT Steering Committee. In the past years, our church has fed approximately 50-75 people. This year does not appear to be any different per early projections.

The volunteer group who serve from our church do a variety of things:

- check in clients
- cook the main meal
- bake deserts (usually by the youth)
- serve the evening meal
- staff the shelter for the overnight and serve a muffin and fruit breakfast

Our church members can be very proud of the service we provide to these homeless people. It is truly a wonderful reflection on how well our church ministry reaches out to the greater community. Come join the fun!

Randy Punchard (565-0349)



2011 ELCA World Hunger Appeal

Each fall, our congregation has an annual appeal focusing on the more than 800 million people on our earth who are experiencing poverty, daily hunger and disease -- often from unclean water, or lack of water which produces drought and loss of food supplies.

The World Hunger Appeal is a calling of hope because we are partnering with others on site in these countries, working together on new strategies and programs to erase the causes of much of the suffering. Please read thoughtfully the materials provided in the Sunday bulletins and offer your prayers for the ministries provided by our gifts.

This year the World Hunger Appeal at St. Stephen begins on **November 6**, continues **November 13** and **November 20**, and ends with our **Thanksgiving Eve service on November 23**. When you place your donations in the World Hunger Appeal envelopes found in our pews, remember your many blessings and realize the difference your gift will make to the hungry, thirsty, and homeless around the world. **Ursula Murden (220-3699)** again leads this effort in 2010 and can answer your questions.

With our gifts, we welcome to the feast those who struggle in hunger, poverty, and disaster. These gifts, when combined with the determination of these neighbors and the strength of our partners, are multiplied ensuring a more abundant harvest for the sake of the world. Yet, more than 850 million people daily experience the silent disaster of chronic hunger and poverty. Your gifts to ELCA World Hunger are urgently needed to help break the cycle of poverty for neighbors, both around the world and close to home.

Like the ripening harvest, God's love is given in abundance. Thank you for sharing God's love through your generous gifts to ELCA World Hunger.

Ursula Murden for Social Ministry

FISH, INC.

FISH needs volunteers

FISH, Inc. is an all-volunteer organization that has served needy families in the Williamsburg area community for nearly 30 years with food, clothing, small house wares and transportation to medical appointments. In recent years the demand for FISH services has increased dramatically in spite of additional services in our area. Several members of St. Stephen are FISH volunteers. Additional volunteers are needed to support several areas of FISH services: Both **schedulers** and **drivers** are needed for transportation to medical appointments and **pantry volunteers** are needed to work one day each month to bag groceries and help in clothing selection for clients who are referred to FISH. Currently Transportation Schedulers serve for one week each month (less often if we had more), and making phone calls to find drivers for specific ride requests. Drivers are willing to drive their own car to take an individual client from home to a medical appointment and return. Most appointments are local, but some drivers are also willing to drive to Richmond or Newport News. If you would be willing to give some of your time to this organization, please contact **Susan Voigt (svoigt1@cox.net or 804-966-8487)**.

November is the month for St. Stephen volunteers to help in the Clothing Closet. We have the opportunity to help our friends at FISH by sorting and sizing donated clothing items. If you can help for a **Tuesday morning (9:30-12:00 noon)** or for an afternoon **(1:00-3:30 PM)**, please sign up on the schedule posted in the Narthex. If you have questions, please call **Marilyn Johnson (345-0806)**.

FISH appreciates food, clothing and housewares from our members. Thank you!



Much is happening with Parish Life and soon we will enjoy coffee and conversation in our new Narthex!

With the finishing of the Narthex, **coffee will return** after services on Sunday! The Parish Life Committee will be setting up in the Narthex for easy coffee preparation. We would love some volunteers



from the congregation to make the coffee before early service and some volunteers to clean up right after late service. Having coffee and tea available in this visible and inviting space allows us to show hospitality to the visitor. You can volunteer for one Sunday or several; won't you please consider taking up this ministry once or twice a year.



Parish Life is also going to host several upcoming events and would like volunteers to organize or just help with the event. First up will be a movie night, the date will be announced in the bulletin, but we are hoping for early November. I particularly need help with finding the movie "J.P.". Blockbuster has closed and now I'm at a loss for how to get a movie. If anyone has that movie or knows where one can still rent a movie please let me know. Folks can bring a comfy chair or bean bag or just sit on one of the folding chairs. Popcorn, snacks and drinks will be provided. I've heard from several folks who have seen the movie that the story is fun for kids and a real thought provoker for adults.

We will end the month helping **Doug Cummings** with the Advent Workshop on **November 27**. Just a little reminder to mark your calendars now for **December 18**, when our special evening will be the caroling and chili supper night! Those who have done the caroling and visiting our homebound members have found it very meaningful. Keep watching the bulletin for specific times and opportunities to help out. A big thank you to all the folks who gave of their time last year with our events! If you are interested in helping with any of the events this coming year please contact **Chris Punchard** at mrschris16@aol.com or 880-3347.



*Grateful thanks to the
Rivoltas and Robert Camp
for our coffee project*



We give thanks for **Robert Camp**, who is offering his time to coordinate the ministry of our Fair Trade Coffee and Chocolate cart. Robert is taking over from **Nancy and John Rivolta**, who have developed and expanded this ministry over several years. We give thanks to God for their faithful service!



*Christian Education
Faith Formation for
Children and Youth*

Children's Age 3 through 5th Grade

Youth age 3 through 5th grade meet in the undercroft between the services and are divided into appropriate age groups for lessons. In October, the children completed lessons centered on John the Baptist and Jesus' Baptism and the Banquet with Simon. In November, the lessons cover Jesus Feeds 5,000 (John 6: 1-14) and Four Friends (Luke 5: 17-26). The lessons include reading the bible, acting out the stories, craft or other activities, demonstrations, and singing. The calendar for the entire year is available on the St. Stephen website (<http://www.saintstephenlutheran.net/>).

As part of the children's faith formation, we will be collecting new or gently used outerwear for children at Grove. Examples of donations include gloves, hats, scarves, coats, etc. In addition, any money collected will be used to purchase outerwear.

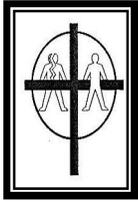
Celebrating with Music!

This year, the children will once again be learning songs during Faith Formation and will share their talents during the services. The dates in November include **November 13 at the 11:00 AM service** and **November 20 at 8.30 AM service**.

We are still looking for three more volunteers to help with the children's bible story and activities; the schedule is flexible and volunteers are not needed for every Sunday. Please let **Jim Ivey** know if you have time and talent to share; he can be reached at **757-645-4480** or jvivey@cox.net.

Middle School and High School

The middle school and high school youth also meet between the services. Through November, both groups will be discussing current events and Martin Luther and the Reformation and focus on New Testament scriptures on friends, gifts and miracles. The middle school youth meet in the conference room and the high school youth meet in Pastor Andy's office. The high-schoolers are discussing their faith journeys.



A Journey With (and Without) Stephen Ministry

New Stephen Ministers agree to a Covenant to Care. Among these are regular worship and glorification of God, promotion of respect of and for other Stephen Ministers and church leaders, maintaining confidentiality, to serve the needs of the care receiver and not their own needs, and to willingly receive direction and supervision. One of the most important aspects of Stephen Ministry and supervision is to listen. To listen another's soul into a condition of disclosure and discovery may be almost the greatest service that any human being ever performs for another. (Douglas Steere . *Gleanings*). We are here to listen to you or to teach you to listen to others.

Cindy Gibbs



"Scandals of Scripture" — 2012 Women's Retreat

Registration is now in progress for next year's Women's Retreat, **March 9-11, 2012** at Eastover Retreat Center near Surry, Virginia. **The Reverend Janell Nickols**, a United Church of Christ clergywoman, Fifth grade teacher, former Navy Chaplain, and worship leader and former member of St. Stephen, will lead us in *Scandals of Scripture: Revealing the Spirituality of Unsung Biblical Women*. Janell describes the study:

"Sarah dares to laugh in God's face. Mary and Martha fight. An anonymous woman in Mark shows passionate love for Jesus in the face of death. Jephthah's daughter angrily organizes a resistance movement. Anger, envy, shame, possessiveness, passion, powerlessness—all are qualities we would just as soon do without! In fact, throughout history they have been considered "scandalous." Yet, these women turned "scandalous" emotions into instruments of love, justice, and peace.

By recreating the experiences of unsung Biblical women, we will explore their emotions and

passions, naming and claiming feelings as they did. Using the playful form of Midrash, we will bring these ancient women and their struggles to life. As we "retreat" we will become empowered to return to our homes and communities with new awareness of our spiritual and emotional connections with Biblical women. And, we will be able to "bear witness to the spiritual fruit that unpopular and difficult feelings can bear."

Storytelling, scripture reading, praying, meditating, journaling, and discussing will be used to give shape to our spiritual journey together."

Retreat plans also include assembling school kits for Lutheran World Relief, using bags made by our LWR Quilters! Registration forms with deposit are due by **November 18—extra forms are in the narthex if one is not mailed to you.** Space is limited, so register early! Call **Nancy Egloff (229-7859)** with questions.



Address Changes

Nathan Egloff

4715 Wainwright Circle
Owings Mills MD 21117

Phone number change:

Jeane and Doug Moore . 903-4969



Grove Christian Outreach Center Needs:

Food for Pantry donations of canned meats, canned pastas, canned vegetables (beets, peas, mixed vegetables, spinach, kale, etc), as well as boxed potatoes, jelly, and breakfast items

Undergarments women's underwear all sizes, men's Boxers, and men's and women's athletic socks.

Pantry Volunteers - an immediate need for pantry volunteers on Mondays (9:00-2:00) and Front Desk volunteers on Tuesdays (1:00-6:00). Please call Deena Walls (887-1100) for more information. This is a great way to see the Center in action!

Quill Preschool News

November 2011



November will be a busy month.

Picture days come early in the month. The Three-year-old students go first on **Thursday, November 3** followed on **Friday, November 4** by the PreK and Four-year-old students. This is a wonderful time to catch them all shined, polished and dressed in their finest. It is always a beautiful sight.

The Pre-K and Four-year-old students will be visiting Jamestown Settlement on **Friday November 11**.

On **Wednesday, November 16** the extended day students will be entertained by some "furry friends" brought to the school by The Heritage Humane Society.

The decorations in our classroom will be a "feast" for your eyes, with the many turkeys, Pilgrims, and American Indians on display. Take a look in as you pass by the school rooms during the month.

During this Thanksgiving season we are giving thanks to God for our families and friends.

Please note that the Preschool will be closed from **Wednesday, November 23 through Friday, November 25** for the Thanksgiving holiday.

For the Preschool, Rudy Stegmann

The church mouse hears. . .



The mouse was pleased to be a part of St. Stephen's first Dinner Church. The sense of community, fellowship and grace was wonderful. Check out the recipes later in the *Quill*. The next Dinner Church will be November 2.

It was great to have one of our LSA alums come back and lead worship while **Pastor Andy** enjoyed his 40th high school reunion. **Pastor Joel Neubauer** sure made an impact on our children!

Your editor thanks all contributors this month for their early submissions. The mouse, the editor and her husband are off on a vacation and you all will have a *Quill*!

Kathy Peterson, the second *living* person to be honored in the Patriots Colony Memorial Tree program, was honored with a tree. Congratulations, Kathy!

November Birthdays

1	Mary Ann Beard	
4	Art Dorsey	Erika
Geier		
	Soni York	
7	Joe Buschek	
8	Paul Black	
10	Helen Allen	Martin Bleck
11	Steven Harms	
14	Elsie Hall	
15	Karen VanRosendale	
16	Carol Wiers	
17	Debi Austin	Stacey Cummings
	Nancy Rivolta	
19	Julie Pierce	
21	Jo Schumacher	
23	Marcie Clark	Travis Meermans
	Lois Roberts	Lucas York
24	Ruth Ennis	Stephanie Leek
	Karen Nester	
25	Benjamin Berry	Gerry Conradi
	Sara Moretz	Susan Voigt
27	Don Nelson	
29	Ursula Recktenwald	
30	Bob Hanny	Matthew Sandridge



Christine White

Is your name missing? Is your date wrong?
Please let us know immediately!
Revised October 6, 2011



Our Prayer List

Pray to know God's will for healing **Jon Lund, Dorothy Reeves, Rosemary Stimson**

Pray God's Peace and comfort to **Shirley Melhorn, and all those who mourn Warren (Mel) Melhorn.**

Pray for **Glenn Carlson** as he anticipates donating stem cells, and pray for his recipient, Nick.

Pray for those who are physically unable to get to worship: **Bill Dickerson, Elsa Englert, Bernice Fah-ncke, Bob Groom, Elsie Hall, Willetta Heising, Anna Lou Hobday, Jean Kircheis, Helen Lenox, Chuck and Jo Schumacher, John Warner, Dot Wright, Earl and Lois Wysong**

Pray for these loved ones of our congregation: John Accomando, Justin Borland, Jean Bozeman, Lois

Bomba, Katie Brachu, Hannah Calderon, Bob Canny, Joanne Carlson, Jane Cattermole, Donna Cherele, Michael Compton, Ann Cowling, Rosemarie Cristofolo, Catherine Crump, Janice and Walter DeGree, Lois Derrick, Nancy Fernandez, Nick Finley, Ann Finley, Doug Fisher, Will Flatin, Lonna Gibson, Bill Gottschalk, Nancy Gottschalk, Eleanor Harms, Mary Heminger, Janis Hepburn, Isaac Herb, Carol Horton, Loretta Hughes, Joseph Javier, Sylvester Javier, Sarah Kobezak, Carl Kountze III, Joe Mallen, David Martin, Collette McKown, Rick Meyer, Wayne Moss, Jone Nares, Sarah Marie Nelson, Nancy Norton, Pat Passarella, Bill and Joyce Pate, Amy Wetingel Pate and family, Morgan Porter, Sam Powell, Lisa Rivolta, Don Romig, Roland Scheiding, Barbara Schone, George Siegert, Alexis Smith, Ron Smith, Nancy Spaniol, Sue Sullivan, Connie Testerman, Linda Thies, George Thomas, Bob Tuttle, Sarah Verity, Annette Vosteen, Amy Wettenold and family, Shirley White, Peggy Wood



Dear SSLC family,

Thank You! November 1, All Saints Day, will be the second anniversary that my beloved Bill lost his courageous battle with leukemia. During his illness so many of you sent him cards of caring and concern, visited, phoned us both and did everything in your power to make a very difficult time easier. Bill was a man of deep faith and he loved SSLC. Following Bill's funeral you have been there to give me a kind word, a smile or a hug - all of which mean so much to me as I continue my new life's journey. Also, you remember Bill which truly touches my heart. Thank you all again for your many kindnesses. God bless you.

Jan MacQueston

Letters to our members



A word of Thanks
The Williamsburg Volunteer Fire Department and Rescue Squad thanked us for our contribution of \$100 for their service to the community.

The Williamsburg Volunteer Fire Department and Rescue Squad thanked us for our contribution of \$100 for their service to the community.

Meal from the Dinner Church



Thanks to **Doug Cummings** for the recipes for the delicious meal for our recent dinner church
Chicken with Chickpeas and Onions (8 Servings)

Ingredients:

2 lbs chicken breasts
5 medium onions
3 tablespoons of olive oil
2 cloves of garlic, minced
1 teaspoon ginger
1 teaspoon cinnamon
½ teaspoon cardamom
1 can of chickpeas, drained
2 cups of chicken stock
½ cup chopped fresh parsley
½ cup chopped fresh cilantro
½ cup raisins

Directions:

1. Cut the chicken into ½ inch square chunks.
2. Dice 4 of the onions, cook in large pot with olive oil, salt and pepper to taste. Cook on medium heat until onions are golden brown. Add the garlic, cook for 15 seconds, or until fragrant. Add ginger, cinnamon, cardamom and chicken. Cook for 10 minutes, or until chicken begins to brown, stirring constantly.
3. Add the chickpeas and chicken stock; bring to a simmer. Reduce heat to medium low, cover and let cook 20 minutes until chicken is tender. Cut the last onion into large chunks. Add with the parsley, cilantro and raisins and cook for a further 5-10 minutes. Serve over rice.

Vegetarian Mediterranean Stew (8 Servings)

Ingredients:

3 medium onions, chopped medium
3 ribs of celery, chopped medium
3 carrots, chopped medium
3 tablespoons of olive oil
2 cloves of garlic, minced
1 teaspoon ginger
1 teaspoon cinnamon
½ teaspoon cardamom
1 can of chickpeas, drained
2 cups of lentils, washed
4 cups of vegetable stock
½ cup chopped fresh parsley
½ cup chopped fresh cilantro
½ cup raisins

Directions:

1. Cook the onions, celery and carrots in large pot with olive oil, salt and pepper to taste. Cook on medium heat until the vegetables are softened. Add the garlic, cook for 15 seconds, or until fragrant. Add ginger, cinnamon, cardamom. Cook for 2 minutes, until

spices are fragrant.

2. Add the chickpeas, lentils and vegetable stock; bring to a simmer. Reduce heat to medium low, cover and let cook 20 minutes until lentils are tender. Add the parsley, cilantro and raisins and cook for a further 5 minutes. Serve over rice.

Cucumber and Tomato Salad (8 servings)

Ingredients:

3 tablespoons olive oil
1 tablespoon lemon juice
1 tablespoon balsamic or red wine vinegar
Salt and pepper
1 Red Onion, sliced thin
1 Cucumber, cut in half and sliced thin
4 Medium Tomatoes
½ cup fresh chopped cilantro
½ cup fresh chopped parsley

Directions:

1. Mix olive oil, lemon juice and vinegar in a large bowl. Add salt and pepper to taste.
2. Add onion and cucumber to bowl; allow to soak while preparing the remaining ingredients.
3. Add remaining ingredients, mix.

Our newest St. Stephen members - Welcome!



Robert Achenbach
212 Brickhampton
Williamsburg VA 23188-7590
484-201-1441
bob5531@cox.net



David Allen
1 Sheffield Road
Williamsburg, VA 23188-1544
565-0797
jda136@cox.net



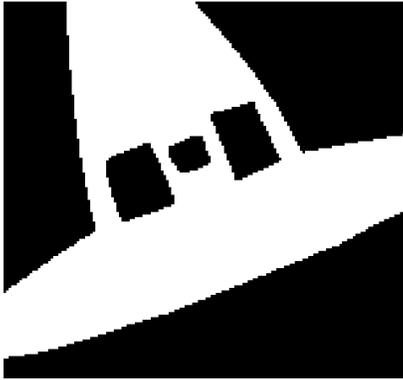
**Andrew and Rachel Martin
Bryce**
104 Hempstead Road
Williamsburg, VA 23188-1521
565-0596
Andrew: Abmartinva@aol.com
Rachel: rbassva@aol.com



Thanks to the folks who came in and cleaned the sanctuary for worship each week during the Renovation!



Happy
Thanksgiving



NOVEMBER