



St. Stephen Lutheran Church

One of 11,000 Stephen Ministry Congregations Around the World

2nd Sunday after Epiphany

January 20, 2019

For Your Prayer – January 20-27, 2019

Lectionary readings for this week:

Monday: Isaiah 44:6-8, 21-23; Ephesians 4:1-16; Mark 3:7-19a

Tuesday: Isaiah 44:9-20; Ephesians 4:17-32; Mark 3:19b-35

Wednesday: Isaiah 44:24—45:7; Ephesians 5:1-14; Mark 4:1-20

Thursday: Isaiah 45:5-17; Ephesians 5:15-33; Mark 4:21-34

Friday: Isaiah 45:18-25; Ephesians 6:1-9; Mark 4:35-41

Saturday: Isaiah 46:1-13; Ephesians 6:10-24; Mark 5:1-20

Next Sunday Worship Readings: Nehemiah 8:1-3, 5-6, 8-10; Psalm 19;
1 Corinthians 12:12-31a; Luke 4:14-21

Join your prayers for healing with God's desires for **Joe Beene, Karen Chenault, Gene Clements, Pat Gamble, Erika Geier, Christine Hallman, Michelle Ivey, Doug Moore, and George Vonderheide.**

Pray for those unable to come to worship: **Doris Bass, Preston and Birdie Burton, Martha Clements, Bob and Angie Groom, Elsie Hall, Stan Hobday, Mary Jamerson, Helen Lenox, Dick Reeves, Jessie Schmitthenner, Jo Schumacher, Jean Shivel, Joanne Shue, Jerry Trone, Corky Umberger, Ladonna Wiederholt.**

Pray God's blessings on those in our community who have no permanent home and on those serving them this week from Walnut Hills Baptist Church through the Community of Faith Mission.

Pray for these loved ones of our congregation: Jon Alt, Mary Ann Arnold, Philip Arnold, Jane Ayers, Bill Beck, Eliza Bicknell, Tom and Bea Black, Blume family, Marla Canny, Elaine Cari, Alan Clem, Michael Cline, Rosemarie Cristofolo, Robin Daniel, Diann Ehlers, Inge Felbier, Mary Fitzgerald, Ward and Betty Frazee, David Gade, Laurie Giner, Andrea Gonzalez-Flatin, Bill Gottschalk, Ellen Green, Virginia Lee Groves, JoAnn Hecker, Sharon Hegland, Chip Hilbinger, Emily Holdredge, Jim Howington, Rick Jackson, Sharon Janot, Jerome Johnson, Leesa Keene, Wendy Kent, Fran Kibler, Chris Kinney, Art Kirk, Barbara Knight, Rebecca Krueger, Terry Krull, Mary Alice Kuntz, Douglas Lankford, Mildred Lindblad, Jackie Lohr, Jackie Mereness, Heidi Morris, Carey and Dorothy Myers, Eric Nelson, Mary Newberg, Charles Osborn, Sue Plevelich, Dino Polizois, Vivian Reaver, Katherine Reier, Jenny Rice, Shann Rufer, Marie Scheiding, Marion Seidl, Inge Seiter, Luke Short, Shumacker family, Patricia Simpson, James Smith, Evelyn Spear, Jerry Spear, Jennifer St. Clair, Sue Weilmuenster, Donna Wood, Peggy Williams, Terry Wilson, Sandra Wimbush, Peggy Wright, Aaron Zabell, and Diane Zulawski

As We Gather

For Your Prayer As We Prepare for Worship

We are into seven weeks of Ordinary Time (ordinary from “ordinal”), which are numbered Sundays after the Epiphany. The Sundays after Epiphany continue to celebrate the revelation of the glory of God to us as it was made known to the magi and to those on Jordan’s banks at the baptism of Jesus. The season of Epiphany ends with Ash Wednesday (March 6 this year), the beginning of Lent.

Isaiah 62:1-5 – This reading compares the relationship between God and God’s people (“Zion,” “Jerusalem”) to that of a young woman and her bridegroom. As the people return from exile in Babylonia, God will rejoice over God’s people as a bridegroom rejoices over his bride; and the people are called to the celebration.

Psalms 36:5-10 – “We feast upon the abundance of your house, O Lord.” (verse 8)

1 Corinthians 12:1-11 – During Epiphany, our second readings come from the 12th, 13th and 15th chapters of this letter Paul wrote to the congregation he founded in Corinth. Writing to the congregation that is full of conflict and divisions, Paul is encouraging unity of purpose: their spiritual gifts are diverse, but they all come from the same Spirit.

John 2:1-11 – In the Bible, one image of the messiah’s joyous effect on the world is a wedding feast! In the gospel of John, Jesus turning water into wine at the wedding at Cana is the first of Jesus’ signs that brings people to believe in him. There are many such epiphanies in the gospel of John, as Jesus reveals that he bears God’s creative power and joyful presence into the world.

Parents! Thanks for bringing your children to worship!

- Did you know that intergenerational worship is the single most important activity encouraging children’s faith formation? (See vibrantfaith.com)
- When parents and children need to take a break for a few minutes, there’s a play area with toys and books in the room right beneath the Worship Space.

Assistance is Available for You:

- **An induction loop** is provided for the benefit of hearing aid users. To use, please switch your hearing aid to “T.”
- **Large print** worship materials are available - ask an usher.
- **Rest rooms** are accessible through the door in the wing to the left of the altar.
- **If someone should need emergency medical assistance**, an AED (Automated External Defibrillator), CPR supplies, and a first aid kit are located in the hallway next to the Fellowship Hall.

January 20, 2019 ~ 2nd Sunday after Epiphany

I. Gathering: *The Holy Spirit calls us together as the people of God*

Welcome, Prayer Concerns, Celebrations and Announcements

Centering Music *Jesus, Come! For We Invite You* James Biery

Confession and Forgiveness page 116

Gathering Hymn *Songs of Thankfulness and Praise* Hymn 310

Greeting, Kyrie page 120

Hymn of Praise *Glory to God...* page 121

Stanza 1 – Women; Stanza 2 – Men; Stanza 3 - All

Prayer of the Day

Lord God, source of every blessing, you showed forth your glory and led many to faith by the works of your Son, who brought gladness and salvation to his people. Transform us by the Spirit of his love, that we may find our life together in him, Jesus Christ, our Savior and Lord. **Amen.**

II. Word: *God speaks to us in scripture reading, preaching, and song*

First Reading

Isaiah 62:1-5

¹For Zion's sake I will not keep silent,
and for Jerusalem's sake I will not rest,
until her vindication shines out like the dawn,
and her salvation like a burning torch.

²The nations shall see your vindication,
and all the kings your glory;
and you shall be called by a new name
that the mouth of the Lord will give.

³You shall be a crown of beauty in the hand of the Lord,
and a royal diadem in the hand of your God.

⁴You shall no more be termed Forsaken,
and your land shall no more be termed Desolate;
but you shall be called My Delight Is in Her,
and your land Married;
for the Lord delights in you,
and your land shall be married.

⁵For as a young man marries a young woman,
so shall your builder marry you,
and as the bridegroom rejoices over the bride,
so shall your God rejoice over you.

Reader: "The Word of the Lord." Response: "Thanks be to God."

- ⁵ Your love, O LORD, reaches | to the heavens,*
and your faithfulness | to the clouds.
- ⁶ **Your righteousness is like the strong mountains,
your justice like | the great deep;***
you save humankind and ani- | mals, O LORD.
- ⁷ How priceless is your | love, O God!*
- All people take refuge under the shadow | of your wings.
- ⁸ **They feast upon the abundance | of your house;***
you give them drink from the river of | your delights.
- ⁹ For with you is the | well of life,*
and in your light | we see light.
- ¹⁰ **Continue your lovingkindness to | those who know you,***
and your favor to those who are | true of heart.

Second Reading

1 Corinthians 12-1-11

¹Now concerning spiritual gifts, brothers and sisters, I do not want you to be uninformed. ²You know that when you were pagans, you were enticed and led astray to idols that could not speak. ³Therefore I want you to understand that no one speaking by the Spirit of God ever says "Let Jesus be cursed!" and no one can say "Jesus is Lord" except by the Holy Spirit.

⁴Now there are varieties of gifts, but the same Spirit; ⁵and there are varieties of services, but the same Lord; ⁶and there are varieties of activities, but it is the same God who activates all of them in everyone. ⁷To each is given the manifestation of the Spirit for the common good. ⁸To one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, ⁹to another faith by the same Spirit, to another gifts of healing by the one Spirit, ¹⁰to another the working of miracles, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues.

¹¹All these are activated by one and the same Spirit, who allots to each one individually just as the Spirit chooses.

Reader: "The Word of the Lord." Response: "Thanks be to God."

Gospel Acclamation

Congregation sings *Alleluia*

Cantor sings proper verse:

*Jesus re- | vealed his glory,**

and his disciples be- | lieved in him. (John 2:11)

Congregation sings *Alleluia*

Response after announcement of the Gospel: "Glory to you, O Lord."

¹On the third day there was a wedding in Cana of Galilee, and the mother of Jesus was there. ²Jesus and his disciples had also been invited to the wedding. ³When the wine gave out, the mother of Jesus said to him, "They have no wine." ⁴And Jesus said to her, "Woman, what concern is that to you and to me? My hour has not yet come." ⁵His mother said to the servants, "Do whatever he tells you." ⁶Now standing there were six stone water jars for the Jewish rites of purification, each holding twenty or thirty gallons. ⁷Jesus said to them, "Fill the jars with water." And they filled them up to the brim. ⁸He said to them, "Now draw some out, and take it to the chief steward." So they took it. ⁹When the steward tasted the water that had become wine, and did not know where it came from (though the servants who had drawn the water knew), the steward called the bridegroom ¹⁰and said to him, "Everyone serves the good wine first, and then the inferior wine after the guests have become drunk. But you have kept the good wine until now." ¹¹Jesus did this, the first of his signs, in Cana of Galilee, and revealed his glory; and his disciples believed in him.

Response at the conclusion of the Gospel: "Praise to you, O Christ."

A Time with the Children

Sermon

God's Kingdom: Rejoicing! Feasting! Abundance!

Pastor Andy Ballentine

The Hymn of the Day will be announced in a few moments. First, take time during the silence: What are your prayers in response to the sermon?

Hymn of the Day

Jesus, Come! For We Invite You

Hymn 312

Apostles Creed

Back cover of the worship book or page 127

Prayers

Each petition concludes, "Lord in your mercy." Response: "Hear our prayer."

Sharing of the Peace

III. Meal: God feeds us with the presence of Jesus Christ

Offering

An offering is gathered for the mission of the church: preaching and teaching the good news of our salvation through the death and resurrection of Christ, and caring for the poor. During the offering, the table is set for the Lord's Supper.

Offering of Music

8:30 *Set Your Heart on the Higher Gifts* Steven Warner
 Matins Choir; Ursula Recktenwald, soloist

11:00 *Many Gifts, One Spirit* Allen Pote
 Chancel Choir

Offertory *Let the Vineyards be fruitful...* Hymn 181

Offertory Prayer

The Great Thanksgiving page 129

Prayer of Thanksgiving I page 130

The Lord's Prayer page 134

The Communion

*You have the choice of drinking the wine from the common cup,
 taking an individual cup from the acolyte,
 or taking one of the cups of grape juice from the middle of the round tray.*

Gluten-free wafers are available as an alternative to bread.

*St. Stephen is a congregation of the Evangelical Lutheran Church in America,
 so all are welcome to receive Christ's body and blood in the Lord's Supper.*

Communion Hymns *Lamb of God* page 135
 Now the Silence Hymn 460
 Soul, Adorn Yourself with Gladness Hymn 488
 Let Us Go Now to the Banquet Hymn 523

Table Blessing

Prayer after Communion page 136

IV. Sending: God blesses us and sends us in mission to the world**Blessing**

Sending Hymn *The Trumpets Sound, the Angels Sing* Hymn 531

Dismissal

Postlude *Songs of Thankfulness and Praise* Anne Krentz Organ



What's Happening Today

Sunday Morning Faith Formation for children and youth:

During worship, the “non-preaching” pastor takes young children downstairs during the sermon time, to tell the Bible story that is the theme passage for the week.

In addition, **between the services:**

- Parents and young children gather in the Preschool room (the room under the worship space).
- Affirmation of Baptism class (for 7th and 8th graders) meets in the Library/Conference Room between the services.
- High school youth meet in the youth space (room D of the Fellowship Hall).

Flowers this morning are given to the Glory of God by **Edith Haecker** in loving memory of her husband, Fred.

Financial Contribution Statements for 2018 are in the Gathering Space. If you pick yours up you'll save us postage!

Blood pressure screening is available today. Every third Sunday of the month, a nurse will be available in the Health Ministry office to take blood pressures. Stop by the office (across from the Kitchen) to have yours screened.

Check out Stephen Ministry! Stephen Ministers are congregation members who offer one-to-one care for people going through tough times. Their 50 hours of training prepare them to engage in this ministry. All relationships are strictly confidential. Interested in learning more about Stephen Ministry - having a Stephen Minister, or becoming one? Come to the Stephen Ministry Corner in the Gathering Space today. A Stephen Minister will be available to answer questions.

Today is the deadline to register for the Women's Retreat, **March 16-17**. If you're interested in attending, please contact **Judy Cobb** judithcobb1348@gmail.com or 443-632-4496, or **Ina Berkey** or **Alison Carney**.

Upcoming

Come and join others using their hands for God's work, making quilts to be sent around the world through Lutheran World Relief. There is a job for everyone: measuring, threading needles, matching fabrics, tying or pinning layers together, turning hems, etc., etc. No previous experience is needed! Come to the Fellowship Hall **tomorrow, January 21, 1:00-3:30 PM**.

Annual Congregational Meeting next Sunday, January 27, following the 11:00 AM worship service. Agenda:

- Reviewing reports of our 2018 ministries from staff members and ministry team leaders

- Adopting the ministry budget for 2019
- Electing Voting Members from St. Stephen to the Virginia Synod Assembly (Friday-Saturday, June 7-8, at Roanoke College).

Pick up a copy of the Annual Reports today in the Gathering Space.

Pub Theology Tuesday, February 5, 7:00 PM. In our congregation we support and encourage and motivate each other in practices of the faith, such as worship and study and prayer and service. The Spirit uses those practices to form us to live in God's grace and forgiveness. Why? It's so we can respond, for the sake of the world! What has that response looked like for you in recent weeks and months? Gather at the **Wine Seller** (on Monticello Avenue, next to Publix) on **Tuesday, February 5, 7:00 PM**, for a soft drink, a glass of beer or wine and/or food, and conversation and support!

Have Fun and Support our St. Stephen Preschool during our Winter Carnival **Sunday, February 10, 2:00 – 4:00 PM.** See the insert for more information and mark the green sheet if you're able to help!

The Virginia Synod 7th Day Youth Retreat for 5th and 6th graders offers two days of fun and fellowship! Held on the grounds of Eagle Eyrie Retreat Center in Lynchburg, this event will be on **Saturday and Sunday, March 2-3.** Youth will engage a Bible story through songs, crafts, drama and games. If you are interested in this event, either for your child or as an adult leader, please speak with **Pastor Griffin.**

Items Of Note

The Flower Chart for 2019 is posted in the display area of the Gathering Space. Please mark the date for which you would like to sponsor flowers! Sponsor sheets are in the envelope below the chart.

Lutheran Student Association member Elizabeth Acors invites you to support an effort of the Global Medical Brigades club at the College. (Elizabeth is a member.) Students spend spring break in a Spanish-speaking under-developed country (this year, Honduras) to help doctors reach patients in rural cities that do not usually have medical access. Elizabeth will be part of a group of 25 students helping to triage patients and supply them with much-needed personal care items. Check for the box in the Gathering Space. The students will welcome your gifts of toothbrushes, toothpaste, dental floss, shampoo, soap, personal hygiene items, and paper lunch bags. Elizabeth and the other students thank you!

Week of Prayer for Christian Unity. The World Council of Churches has designated January 18-25 as the Week of Prayer for Christian Unity. St. Bede Catholic Church will be hosting an evening Vesper service on **Friday, January 25, at 5:00 PM** to pray for Christian Unity. The Christian community is invited to attend.

HEALTH MINISTRY

The *Sunshine* Vitamin D

Vitamin D is one of many nutrients our bodies need to stay healthy. Among the vitamin's main functions, it helps the body:

- Absorb calcium. Vitamin D, along with calcium, helps build bones and keep bones strong and healthy.
- Block the release of parathyroid hormone. This hormone reabsorbs bone tissue, which makes bones thin and brittle.
- And it may also play a role in muscle function and the immune system.

You can get vitamin D through sun exposure, your diet, and supplements. It's the UV (ultraviolet) light in sunlight that causes your skin to make vitamin D. The amount of vitamin D that your skin makes depends on such factors as the season (vitamin D production might decrease or be completely absent during the winter months), time of day (the sun's rays are most powerful between 10 AM and 3 PM), where you live (cities near the equator have higher UV levels), and the amount of cloud cover and air pollution, and where you live and your skin pigmentation. Many older adults don't get regular exposure to sunlight and have trouble absorbing vitamin D, so taking a multivitamin with vitamin D will likely help improve bone health. As always, check with your healthcare provider before starting any new vitamins or supplements.

Recommended Dietary Allowances (RDAs) for:

Age	Male	Female	Pregnancy	Lactation
0–12 months*	400 IU (10 mcg)	400 IU (10 mcg)		
1–13 years	600 IU (15 mcg)	600 IU (15 mcg)		
14–18 years	600 IU (15 mcg)	600 IU (15 mcg)	600 IU (15 mcg)	600 IU (15 mcg)
19–50 years	600 IU (15 mcg)	600 IU (15 mcg)	600 IU (15 mcg)	600 IU (15 mcg)
51–70 years	600 IU (15 mcg)	600 IU (15 mcg)		
>70 years	800 IU (20 mcg)	800 IU (20 mcg)		

A growing body of research suggests that vitamin D might play some role in the prevention and treatment of type 1 and type 2 diabetes, hypertension, glucose intolerance, multiple sclerosis, and other medical conditions (Cancer, cognitive health, osteoporosis, psoriasis, and rickets) [https://ods.od.nih.gov/factsheets/VitaminD-HealthProfessional/Vitamin D](https://ods.od.nih.gov/factsheets/VitaminD-HealthProfessional/VitaminD) [1]

Marcie Clark, RN Parish Nurse

St. Stephen Calendar - January 20-27, 2019

SUNDAY, January 20

- 8:30 AM** **Worship – Holy Communion**
9:45 AM Matins Choir Rehearsal
10:00 AM Faith Formation for children and youth
10:00 AM Coffee and Fellowship (Gathering Space)
10:00 AM Blood Pressure Screening (Health Ministry Office)
10:00 AM Stephen Ministry Corner (Gathering Space)
11:00 AM **Worship – Holy Communion**
6:00 PM Lutheran Student Association dinner (College Room)

MONDAY, January 21 ~ Martin Luther King, Jr. Holiday

Preschool and Church Offices Closed

- 1:00 PM Lutheran World Relief Quilters (Fellowship Hall)

TUESDAY, January 22

- 7:00 PM National Alliance on Mental Illness - Williamsburg (Fellowship Hall)

WEDNESDAY, January 23

- 6:00 PM AA Board Meeting (Library/Conference Room)
7:00 PM AA Meeting (Fellowship Hall)
7:00 PM Chancel Choir Rehearsal

THURSDAY, January 24

- 3:00 PM *By Heart* book study (Library/Conference Room)
5:30 PM Handbell Rehearsal (Fellowship Hall C)
7:00 PM Social Ministries Coordinating Committee (Library/Conference Room)

FRIDAY, January 25

- 3:00 PM Al Anon Meeting (Library/Conference Room)

SATURDAY, January 26

- 2:00 PM AA Meeting (Fellowship Hall)
8:00 PM AA Meeting (Fellowship Hall)
8:00 PM Al Anon Meeting (Library/Conference Room)

SUNDAY, January 27

- 8:30 AM** **Worship – Holy Communion**
9:45 AM Matins Choir Rehearsal
10:00 AM Faith Formation for children and youth
10:00 AM Coffee and Fellowship (Gathering Space)
11:00 AM **Worship – Holy Communion**
12:15 PM Congregational Meeting (Fellowship Hall)
2:00 PM Preschool Open House
6:00 PM Lutheran Student Association dinner (College Room)

Leading our Worship and Hospitality Today

Acolyte/Crucifer.....(8:30) Theo & Brian Bergh
..... (11:00) Beatrice Ehrhardt & Pam Buckley
Altar Guild..... (8:30) Rita Kristiansen & Carol Harman
..... (11:00) Linda Vonderheide & Karen Shoberg
Bread Baker.....Paul Kristiansen
Cantors (8:30) Ursula Recktenwald (11:00) Terri Larsen
Communion Assistants.....(8:30) Amy Bergh & Martha Reier
..... (11:00) George Bass & Sandy Croushore
Flower Delivery.....Rosemary Stimson
Greeters/Hosts (8:30) Marcie Clark (11:00) Sharon Brown
Lectors.....(8:30) Reed Nester (11:00) Ward Bourn
Sound System..... (8:30) Dave Sulouff (11:00) Charles Osborn
Tellers..... Jack Harris, Nelia Lamoureux, Jeanne Garrison, Joe Beene
Ushers..... (8:30) Bill Dichtel & Dave Clark (11:00) John Harms

St. Stephen Lutheran Church

612 Jamestown Road, Williamsburg, Virginia 23185

www.saintstephenlutheran.net

(757) 229-6688

**We gather to worship and study God's Word to deepen our faith and live our
Christian witness and service in the community.**

(St. Stephen Lutheran Church Vision Statement)

All of Us, Called Through Our Baptisms

Pastor Andy Ballentine (229-6742)

Pastor Cheryl Ann Griffin (876-6371)

Karen Ives – Director of Music (828-242-1133)

Sandy Peterkin – Parish and Preschool Administrator (229-6688)

Marcie Clark – Parish Nurse (603-6346)

Diana Tiller-Dichtel – Parish Nurse (232-5924)

Susan Berry-Ruane – Preschool Lead Teacher (229-6688)

Peninsula Pastoral Counseling Center (873-2273; counselors are in Williamsburg on Thursdays)

Doing Ministry in the World

Pastorab@saintstephenlutheran.net

Pastorcrg@saintstephenlutheran.net

MusicDir@saintstephenlutheran.net

Office@saintstephenlutheran.net

Parishnursemc@saintstephenlutheran.net

Parishnursedt@saintstephenlutheran.net

Preschool@saintstephenlutheran.net

Welcome to St. Stephen Lutheran Church!

*Please fill out this form and drop it in the offering plate
or give it to an usher.*

January 20, 2019

Name: _____

For guests and members with changes:

Address (Home) _____

City/State _____ Zip _____

Telephone # _____

E-Mail Address _____

Guests Only:

I belong to _____

Church Address _____

Please check as many as pertain:

____ Member

____ First time guest

____ Regular guest

____ Guest (out of town)

____ Student at William & Mary

____ Looking for a church home

____ Desire to speak with pastor

____ Would like more information about Stephen Ministry

____ Would like my care group coordinator to contact me

____ Would like the Parish Nurse to contact me

Any comments? Please be sure your name is above, so we may respond, if necessary.

Prayer Requests

Please **add** to the prayer list in this month's bulletin and next month's *Quill*:

Name: _____

Please **remove** from prayer concerns:

Name: _____

_____ I would like to help with our Preschool's **Winter Carnival on Sunday, February 10**. Call me!

_____ I would like information about becoming a **Stephen Minister**.

_____ I am interested in **joining one of the "From His Hands" food ministry teams** taking meals to the homeless living in motels.