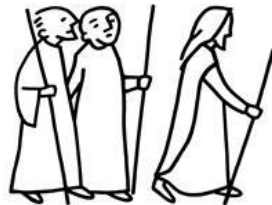




# Stephen Lutheran Church

One of 13,000 Stephen Ministry Congregations Around the World

We believe that community is *beautiful* and *messy* and *fulfilling* and *conflicted* and...the POINT. God calls us together into community for the sake of one another, our neighbors, and creation. We don't always get it right, but we trust that when we center the love and grace that Jesus taught, we will get it right more often than not. ***You are welcome here!*** We don't expect perfect, put-together people; we don't want you to conform to us and our ways; we want you to show up as who you are and to experience the love and grace of God as we have experienced it. And we hope that once you do, you will join us in sharing it with others too.



***January 14, 2024 ~ Second Sunday after Epiphany***

## For Your Prayers – January 15 – January 21 , 2024

### **Lectionary readings for this week:**

***Monday:*** 1 Samuel 9:27—10:8 2 Corinthians 6:14—7:1 Psalm 86

***Tuesday:*** 1 Samuel 15:10-31 Acts 5:1-11 Psalm 86

***Wednesday:*** Genesis 16:1-14 Luke 18:15-17 Psalm 86

***Thursday:*** Jeremiah 19:1-15 Revelation 18:11-20 Psalm 62:5-12

***Friday:*** Jeremiah 20:7-13 2 Peter 3:1-7 Psalm 62:5-12

***Saturday:*** Jeremiah 20:14-18 Luke 10:13-16 Psalm 62:5-12

***Next Sunday's Readings:*** Jonah 3:1-5, 10 Psalm 62:5-12 (6) 1 Corinthians 7:29-31  
Mark 1:14-20

***Join your prayers for healing*** with God's desires for **Aaren Battle, Ed Brown, Kristin Carter, Jack Harris, Sharon Jacobs, Marilyn Johnson, Evelyn Kernan, David Maris, Jim Mayfield, Carole Meyer, Marie Nelson, and Linda Reuben.**

***Pray for those unable to come to worship:*** **Martin Bleck, Ed Brown, Birdie Burton, York Doerr, Bob and Angie Groom, Edith Haecker, Pat Janot, Jeanne Nelson, Darlene Simon, and Kay Wasaff.**

***Pray for these loved ones of our congregation:*** Benita, Paula Battle, Donald and Carol Baum, Rose Baumgarten, Sally Blackburn, Linda Bonfiglio, Mary Bloom, Steve Boyles, Ann Bunn, Amy Carl, Jerry & Elijah Connor, Judy Craun, Doug Crinklaw, Katie Czajkowski, Sophia Czajkowski, Judy Drezek, Charlie Eidson, Joel Gillespie, Joan and Frank Goodhart, Deanna Harbison, Bradley Kim Joan and Laurie Heintzeman, Char Henry, Lisa Hill, The Jacobs Family, Brian Johnson, Don Johnson, Connie Kendrick, The Kennedy family, Marnah Lund, David Maris, Laura Margolin, Doug Mayes, Jack Mayfield, Becky Murphy, Ed Moninger, John and Pollie Morison, Maddie Murray, Bob Myers, Silvana Oderisi, Lori Ogborn, Katie Orcutt, Shary Raske, Paula Rega, Marci Ries, Sharon Rogers, Betty Roth, Lou Schuster, Inge Seiter, Kelsey Slay, Brant Smith, Vasili Soultoukis, Chad Strausbaugh, Charley Underdahl, and Caleb Winig.

# *January 14, 2024 ~ Second Sunday after Epiphany*

## **I. Gathering: *The Holy Spirit calls us together as the people of God***

**Welcome**

**Centering Music**      *O Jesus, I Have Promised*      Setting, Daniel E. Gawthrop

### **Confession and Forgiveness**

Blessed be the holy Trinity, † one God,  
creator of darkness and light,  
word of truth,  
wind sweeping over the waters. **Amen.**

Let us confess our sin in the presence of God and of one another.

*Silence is kept for reflection.*

**God, our rock and refuge, we pour out our hearts before you.  
We have known you but have not always loved you.  
We have wounded one another  
and sinned against you.  
We have not always recognized the Holy Spirit  
dwelling in each of us.  
Remember your covenant.  
Renew your creation.  
Restore us,  
that we might proclaim your good news to all.  
Amen.**

The voice of the Lord is upon the waters.  
God has spoken:  
The time of grace is now.  
In Jesus, the reign of God has come near.  
By the authority of † Jesus Christ,  
your sins are forgiven.  
You are God's beloved. **Amen.**

**Gathering Hymn**      *O Jesus, I Have Promised*

ELW 810  
Bulletin page 12

# Kyrie

Leader or All



Se - ñor, ten pie - dad de no - so - tros. Cris - to, ten pie - dad.  
O Lord, have . . . mer - cy up - on us. Christ, have mer - cy.

All



Se - ñor, ten pie - dad de no - so - tros. Cris - to, ten pie - dad.  
O Lord, have . . . mer - cy up - on us. Christ, have mer - cy.

Leader or All



Se - ñor, ten pie - dad. Se - ñor, ten pie - dad.  
Have mer - cy, O Lord. Have mer - cy, O Lord.

# Gloria



1 ¡Glo-ria a Dios, glo-ria a Dios, glo - ria en los cie - los!  
1 Glo-ry to God, glo-ry to God, glo - ry in the high - est!



¡Glo-ria a Dios, glo-ria a Dios, glo - ria en los cie - los!  
Glo-ry to God, glo-ry to God, glo - ry in the high - est!



¡A Dios la glo-ria por siem-pre! ¡A Dios la glo-ria por siem-pre!  
To God be glo-ry for - ev - er! To God be glo-ry for - ev - er!



¡A - le - lu - ya! ¡A - mén! ¡A - le - lu - ya! ¡A - mén! ¡A - le - lu - ya! ¡A - mén!  
Al - le - lu - ia! A - men! Al - le - lu - ia! A - men! Al - le - lu - ia! A - men!



¡A - le - lu - ya! ¡A - mén! ¡A - le - lu - ya! ¡A - mén! ¡A - le - lu - ya! ¡A - mén!  
Al - le - lu - ia! A - men! Al - le - lu - ia! A - men! Al - le - lu - ia! A - men!



¡A - le - lu - ya! ¡A - mén! ¡A - le - lu - ya! ¡A - mén!  
Al - le - lu - ia! A - men! Al - le - lu - ia! A - men!

## **Prayer of the Day**

Thanks be to you, Lord Jesus Christ, most merciful redeemer, for the countless blessings and benefits you give. May we know you more clearly, love you more dearly, and follow you more nearly, day by day praising you, with the Father and the Holy Spirit, one God, now and forever. **Amen.**

## **II. Word: *God speaks to us in scripture reading, preaching, and song***

### **First Reading**

### **1 Samuel 3:1-20**

*At a time when visions are rare and unexpected, the Lord comes to Samuel and calls him to speak the divine word. Though just a boy, Samuel responds to God obediently, as Eli the priest has taught him to respond. This marks the beginning of Samuel's prophetic ministry.*

<sup>1</sup>Now the boy Samuel was ministering to the LORD under Eli. The word of the LORD was rare in those days; visions were not widespread.

<sup>2</sup>At that time Eli, whose eyesight had begun to grow dim so that he could not see, was lying down in his room; <sup>3</sup>the lamp of God had not yet gone out, and Samuel was lying down in the temple of the LORD, where the ark of God was. <sup>4</sup>Then the LORD called, "Samuel! Samuel!" and he said, "Here I am!" <sup>5</sup>and ran to Eli, and said, "Here I am, for you called me." But he said, "I did not call; lie down again." So he went and lay down. <sup>6</sup>The LORD called again, "Samuel!" Samuel got up and went to Eli, and said, "Here I am, for you called me." But he said, "I did not call, my son; lie down again." <sup>7</sup>Now Samuel did not yet know the LORD, and the word of the LORD had not yet been revealed to him. <sup>8</sup>The LORD called Samuel again, a third time. And he got up and went to Eli, and said, "Here I am, for you called me." Then Eli perceived that the LORD was calling the boy. <sup>9</sup>Therefore Eli said to Samuel, "Go, lie down; and if he calls you, you shall say, 'Speak, LORD, for your servant is listening.'" So Samuel went and lay down in his place. <sup>10</sup>Now the LORD came and stood there, calling as before, "Samuel! Samuel!" And Samuel said, "Speak, for your servant is listening." [<sup>11</sup>Then the LORD said to Samuel, "See, I am about to do something in Israel that will make both ears of anyone who hears of it tingle. <sup>12</sup>On that day I will fulfill against Eli all that I have spoken concerning his house, from beginning to end. <sup>13</sup>For I have told him that I am about to punish his house forever, for the iniquity that he knew, because his sons were blaspheming God, and he did not restrain them. <sup>14</sup>Therefore I swear to the house of Eli that the iniquity of Eli's house shall not be expiated by sacrifice or offering forever."

<sup>15</sup>Samuel lay there until morning; then he opened the doors of the house of the LORD. Samuel was afraid to tell the vision to Eli. <sup>16</sup>But Eli called Samuel and said, "Samuel, my son." He said, "Here I am." <sup>17</sup>Eli said, "What was it that he told you? Do not hide it from me. May God do so to you and more also, if you hide anything from me of all that he told you." <sup>18</sup>So Samuel told him everything and hid nothing from him. Then he said, "It is the LORD; let him do what seems good to him."<sup>19</sup>As Samuel grew up, the LORD was with him and let none of his words fall to the ground. <sup>20</sup>And all Israel from Dan to Beer-sheba knew that Samuel was a trustworthy prophet of the LORD.]

*Reader: "The Word of the Lord." Response: "Thanks be to God."*



- <sup>1</sup>LORD, you have | searched me out;  
O LORD, you | have known me.
- <sup>2</sup>**You know my sitting down and my | rising up;  
you discern my thoughts | from afar.**
- <sup>3</sup>You trace my journeys and my | resting-places  
and are acquainted with | all my ways.
- <sup>4</sup>**Indeed, there is not a word | on my lips,  
but you, O LORD, know it | altogether. Refrain**
- <sup>5</sup>You encompass me, behind | and before,  
and lay your | hand upon me.
- <sup>6</sup>**Such knowledge is too wonder- | ful for me;  
it is so high that I cannot at- | tain to it.**
- <sup>13</sup>For you yourself created my | inmost parts;  
you knit me together in my | mother's womb.
- <sup>14</sup>**I will thank you because I am mar- | velously made;  
your works are wonderful, and I | know it well. Refrain**
- <sup>15</sup>My body was not hid- | den from you,  
while I was being made in secret and woven in the depths | of the earth.
- <sup>16</sup>**Your eyes beheld my limbs, yet unfinished in the womb; all of them were  
written | in your book; my days were fashioned before they | came to be.**
- <sup>17</sup>How deep I find your | thoughts, O God!  
How great is the | sum of them!
- <sup>18</sup>If I were to count them, they would be more in number | than the sand;  
to count them all, my life span would need to | be like yours. Refrain

**Second Reading****1 Corinthians 6:12-20**

*Paul helps the Corinthians understand that God has claimed the entirety of their lives through the death of Christ. Hence Christian relationships and conduct, including areas of human sexuality, are to reflect the reality that we belong to Christ and that the Holy Spirit lives within us.*

<sup>12</sup>“All things are lawful for me,” but not all things are beneficial. “All things are lawful for me,” but I will not be dominated by anything. <sup>13</sup>“Food is meant for the stomach and the stomach for food,” and God will destroy both one and the other. The body is meant not for fornication but for the Lord, and the Lord for the body. <sup>14</sup>And God raised the Lord and will also raise us by his power. <sup>15</sup>Do you not know that your bodies are members of Christ? Should I therefore take the members of Christ and make them members of a prostitute? Never! <sup>16</sup>Do you not know that whoever is united to a prostitute becomes one body with her?

For it is said, “The two shall be one flesh.”<sup>17</sup> But anyone united to the Lord becomes one spirit with him.<sup>18</sup> Shun fornication! Every sin that a person commits is outside the body; but the fornicator sins against the body itself.<sup>19</sup> Or do you not know that your body is a temple of the Holy Spirit within you, which you have from God, and that you are not your own?<sup>20</sup> For you were bought with a price; therefore glorify God in your body.

Reader: “*The Word of the Lord.*” Response: “***Thanks be to God.***”

**Gospel Acclamation (x2, 1<sup>st</sup> time in Spanish)**

A - le - lu - ya, a - le - lu - ya. A - le - lu - ya, a - le - lu - ya.  
Al - le - lu - ia, al - le - lu - ia. Al - le - lu - ia, al - le - lu - ia.

A - le - lu - ya, a - le - lu - ya. El Se - ñor re - su - ci - tó.  
Al - le - lu - ia, al - le - lu - ia. Christ is ris - en, ris' n in - deed.

**Gospel**

**John 1:43-51**

Response after announcement of the Gospel: “***Glory to you, O Lord.***”

*In John's gospel, Jesus' ministry begins with the call of disciples, who then bring others to Jesus. Philip's friend Nathanael moves from skepticism to faith when he accepts the invitation to "Come and see."*

<sup>43</sup>The next day Jesus decided to go to Galilee. He found Philip and said to him, “Follow me.” <sup>44</sup>Now Philip was from Bethsaida, the city of Andrew and Peter. <sup>45</sup>Philip found Nathanael and said to him, “We have found him about whom Moses in the law and also the prophets wrote, Jesus son of Joseph from Nazareth.” <sup>46</sup>Nathanael said to him, “Can anything good come out of Nazareth?” Philip said to him, “Come and see.” <sup>47</sup>When Jesus saw Nathanael coming toward him, he said of him, “Here is truly an Israelite in whom there is no deceit!” <sup>48</sup>Nathanael asked him, “Where did you get to know me?” Jesus answered, “I saw you under the fig tree before Philip called you.” <sup>49</sup>Nathanael replied, “Rabbi, you are the Son of God! You are the King of Israel!” <sup>50</sup>Jesus answered, “Do you believe because I told you that I saw you under the fig tree? You will see greater things than these.” <sup>51</sup>And he said to

him, “Very truly, I tell you, you will see heaven opened and the angels of God ascending and descending upon the Son of Man.”

*Response at the conclusion of the Gospel: “Praise to you, O Christ.”*

**Sermon**

*Rare Words*  
*Silence for reflection and prayer.*

Pastor Jon O Nelson

**Hymn of the Day**

*Listen, God Is Calling*

ELW 513  
Bulletin page 13

**Prayers**

*Each petition concludes, “Lord in your mercy.” Response: “Hear our prayer.”*

**III. Meal: God feeds us with the presence of Jesus Christ**

**Offering**

*An offering is gathered for the mission of the church: preaching and teaching the good news of our salvation through the death and resurrection of Christ, and caring for the poor.*

*During the offering, the table is set for the Lord’s Supper.*

**Offering of Music**

*Here I Am, Lord*

Arr. Schutte/Schrader

**Offertory Prayer**

Blessed are you, Holy One, for all good things come from you. In bread and cup you open heaven to us. Meet us at this table, that we receive what we seek and follow your Son, Jesus, in whose name we pray. **Amen.**

**The Great Thanksgiving**

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

It is indeed right, our duty and our joy,  
that we should at all times and in all places  
give thanks and praise to you, almighty and merciful God,  
through our Savior Jesus Christ.

By the leading of a star he was shown forth to all nations;  
in the waters of the Jordan you proclaimed him your beloved Son;  
and in the miracle of water turned to wine he revealed your glory.

And so, with all the choirs of angels,  
with the church on earth and the hosts of heaven,  
we praise your name and join their unending hymn:





San-to, san - to, san - to Dios de glo - ria y po - der,  
 Ho - ly, ho - ly, ho - ly God of pow - er and might,



cie - los y tie - rra pro - cla - man tu glo - ria.  
 heav - en and earth . . . are full of your glo - ry.



Ho - san - na, ho - san - na, ho - san-na en los cie - los.  
 Ho - san - na, ho - san - na, ho - san-na in the high - est.



Ho - san - na, ho - san - na, ho - san-na en los cie - los.  
 Ho - san - na, ho - san - na, ho - san-na in the high - est.



Ben - di - to a - quel que vie - ne en el nom - bre de Dios.  
 Bless - ed is the one who comes in the name of our God.



Ho - san - na, ho - san - na, ho - san-na en los cie - los.  
 Ho - san - na, ho - san - na, ho - san-na in the high - est.



Ho - san - na, ho - san - na, ho - san-na en los cie - los.  
 Ho - san - na, ho - san - na, ho - san-na in the high - est.

## Words of Institution

**The Lord's Prayer: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.**

## Holy Communion

When receiving Communion, either stand or kneel at the Rail. The Pastor will distribute the bread and a Communion Assistant will come with a tray of pre-filled cups of wine and grape juice. The juice will be in the middle of the tray. Gluten-free wafers are available as an alternative to bread. St. Stephen is a congregation of the Evangelical Lutheran Church in America, so all are welcome to receive Christ's body and blood in the Lord's Supper.

Cor - de - ro de Dios, tú que qui - tas el pe -  
O Lamb . . of God, you . . take a - way the

ca - do del mun - do: ten pie - dad de no - so - tros.  
sin of the world; . . . have . . mer - cy up - on us.

Cor - de - ro de Dios, tú que qui - tas el pe -  
O Lamb . . of God, you . . take a - way the

ca - do del mun - do: ten pie - dad de no - so - tros.  
sin of the world; . . . have . . mer - cy up - on us.

Cor - de - ro de Dios, tú que qui - tas el pe -  
O Lamb . . of God, you . . take a - way the

ca - do del mun - do: ten pie - dad de no -  
sin of the world; . . . have . . mer - cy up -

so - tros, ten pie - dad de no - so - stros.  
on us, have . . . mer - cy up - on us.

Da - nos tu paz. A - mén.  
Grant us your peace. A - mén.

**Communion Hymn**

*How Clear Is Our Vocation, Lord*

*Come and See*

ELW 580

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ACS 976

Bulletin page 15

## Table Blessing

### Prayer after Communion

#### IV. Sending: *God blesses us and sends us in mission to the world*

#### Sending Hymn

*Lord, Speak to Us, That We May Speak*

ELW 676  
Bulletin Page 16

#### Blessing

God who names you,  
Christ who claims you,  
and the Holy Spirit who dwells in you,  
✠ bless you and remain with you always.  
Amen.

#### Dismissal

Go in peace. You are God's beloved. **Thanks be to God.**

#### Postlude

*Listen, God Is Calling*

Setting, Anne Krentz Organ

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# O Jesus, I Have Promised

1 O Je - sus, I have prom - ised to serve you to the end;  
2 Oh, let me feel you near me; the world is ev - er near.  
3 Oh, let me hear you speak - ing in ac - cents clear and still  
4 O Je - sus, you have prom - ised to all who fol - low you

re - main for - ev - er near me, my mas - ter and my friend.  
I see the sights that daz - zle, the tempt - ing sounds I hear.  
a - bove the storms of pas - sion, the mur - murs of self - will.  
that where you are in glo - ry your ser - vant shall be too.

I shall not fear the bat - tle if you are by my side,  
My foes are ev - er near me, a - round me and with - in;  
Now speak to re - as - sure me, to has - ten or con - trol;  
And Je - sus, I have prom - ised to serve you to the end;

nor wan - der from the path - way if you will be my guide.  
but, Je - sus, then draw near - er to shield my soul from sin.  
now speak and make me lis - ten, O Guard - ian of my soul.  
oh, give me grace to fol - low, my mas - ter and my friend.

# Listen, God Is Calling

## *Neno lake Mungu*

*Refrain*  
Leader All

Ne - no, ne - no la - ke Mu - ngu la - ku - i - ta we - we,  
Lis - ten, lis - ten, God is call - ing, through the Word in - vit - ing,

ne - no la wo - ko - vu, te - na je - ma. ma.  
of - fer - ing for - give - ness, com - fort, and joy. joy.

Leader All

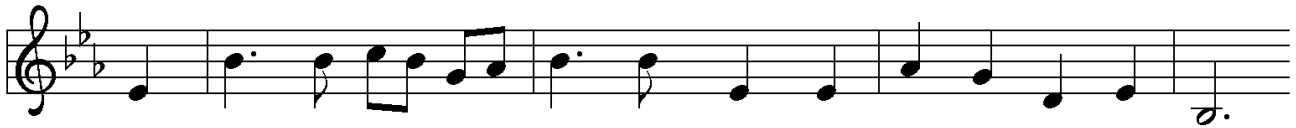
Ye - su a - li - se - ma, Mka - hu - bi - ri.  
1 Je - sus gave his man - date: share the good news  
2 Let none be for - got - ten through - out the world.  
3 Help us to be faith - ful, stand - ing stead - fast,

Leader All *Refrain*

Ne - no la - ke Mu - ngu la wo - ko - vu.  
that he came to save us and set us free.  
In the tri - une name of God go and bap - tize.  
walk - ing in your pre - cepts, led by your Word.

Text: Tanzanian traditional; tr. Howard S. Olson, b. 1922  
Music: NENO LAKE MUNGU, Tanzanian tune; arr. Austin C. Lovelace, b. 1919  
Text © 1968 Lutheran Theological College, Makumira, Tanzania, admin. Augsburg Fortress.  
Arr. © 1968 Austin C. Lovelace, admin. Augsburg Fortress.

# How Clear Is Our Vocation, Lord



1 How clear is our vo - ca - tion, Lord, when once we heed your call  
2 But if, for - get - ful, we should find your yoke is hard to bear;  
3 We mar - vel how your saints be - come in hin - dranc - es more sure;  
4 In what you give us, Lord, to do, to - geth - er or a - lone,



to live ac - cord - ing to your word and dai - ly learn, re - freshed, re - stored,  
if world - ly pres - sures fray the mind and love it - self can - not un - wind  
whose joy - ful vir - tues put to shame the ca - sual way we wear your name,  
in old rou - tines or ven - tures new, may we not cease to look to you,



that you are Lord of all and will not let us fall.  
its tan - gled skein of care: our in - ward life re - pair.  
and by our faults ob - scure your pow'r to cleanse and cure.  
the cross you hung up - on, all you en - deav - ored done.

Text: Fred Pratt Green, 1903–2000

Music: REPTON, C. Hubert H. Parry, 1848–1918

Text © 1982 Hope Publishing Company, Carol Stream, IL 60188. All rights reserved. Used by permission.

# Come and See

What are you look - ing for? Come,

The first system of music consists of two staves. The upper staff is in treble clef with a key signature of two sharps (F# and C#). The lower staff is in bass clef with the same key signature. The melody in the upper staff begins with a quarter note G4, followed by quarter notes A4 and B4, then a dotted quarter note C5. The lyrics 'What are you look - ing for? Come,' are written below the notes. The bass line provides harmonic support with chords and single notes.

see, come and see. What are you

The second system continues the melody and bass line. The upper staff features a quarter note D5, followed by quarter notes E5 and F#5, then a dotted quarter note G5. The lyrics 'see, come and see. What are you' are written below. The bass line continues with chords and single notes.

look - ing for? Come and see. Come and see.

The third system concludes the piece. The upper staff features a quarter note G5, followed by quarter notes A5 and B5, then a dotted quarter note C6. The lyrics 'look - ing for? Come and see. Come and see.' are written below. The bass line continues with chords and single notes, ending with a double bar line.

Text: Robert A. Hobby, b. 1962, from John 1:38-39

Music: COME AND SEE, Robert A. Hobby

Text and music © 2020 Augsburg Fortress

# Lord, Speak to Us, That We May Speak

1 Lord, speak to us, that we may speak in  
 2 Oh, lead us, Lord, that we may lead the  
 3 Oh, teach us, Lord, that we may teach the  
 4 Oh, fill us with your full - ness, Lord, un -

liv - ing ech - oes of your tone; as you have sought, so  
 wan-d'ring and the wa - v'ring feet; oh, feed us, Lord, that  
 pre - cious truths which you im - part; and wing our words, that  
 til our ver - y hearts o'er - flow in kin - dling thought and

let us seek your stray - ing chil - dren, lost and lone.  
 we may feed your hun - g'ring ones with man - na sweet.  
 they may reach the hid - den depths of man - y\_a heart.  
 glow - ing word, your love to tell, your praise to show.

Text: Frances R. Havergal, 1836–1879, alt.  
 Music: CANONBURY, Robert Schumann, 1810–1856



## As We Gather

**Parents! Thanks for bringing your children** to worship.

- ❖ Did you know that intergenerational worship is the single most important activity encouraging children's faith formation? (See vibrantfaith.com)
- ❖ When parents and children need to take a break for a few minutes, there's a play area with toys and books in the room right beneath the Worship Space.
- ❖ Age-appropriate activity bags are available in the Gathering Space – ask an usher for assistance.

### **Assistance is Available for You:**

- ❖ **An induction loop** is provided for the benefit of hearing aid users. To use, please switch your hearing aid to "T."
- ❖ **Large print** worship materials are available - ask an usher.
- ❖ **Rest rooms** are accessible through the door in the wing to the left of the altar.
- ❖ **If someone should need emergency medical assistance**, CPR supplies, and a first aid kit are located in the hallway next to the Fellowship Hall.

**Health Update:** We always encourage you to monitor yourself for symptoms of illness and to worship from home if you are experiencing any. We have masks and hand sanitizer available for use in our building should you require.

### **January Health Focus**

#### **Move More**

One of the best ways to incorporate exercise into your life is by walking. You don't need special equipment to benefit from walking. You just need a place to walk that you enjoy. Walking is low impact and usually does not strain hip or knee joints. Walking helps to improve your heart, it helps with diabetes, it can improve your sleep and can lift your mood to help with anxiety or depression. If you haven't been doing walking for exercise before, start slowly. Build up your speed and endurance over time. Good places to walk are around school tracks, indoor malls, on a treadmill, or in an outdoor space that is more adapted to walking than hiking such as a park. Wear clothes that are loose and comfortable. Also, as the weather heats, they should be moisture-wicking. Good shoes are a must if you plan to walk. Take water and stay hydrated again, especially important in warmer weather. As always, check with your physician before beginning any exercise program.

Diana Tiller-Dichtel  
Parish Nurse

## What's Happening Today

Flowers are given by Pat and Stew Fretz in celebration of our 72nd anniversary!

## Upcoming

Have Fun and Support our St. Stephen Preschool during our annual Winter Carnival **Sunday, January 21, 2:00 – 4:00 PM**. Want to help with Winter BINGO, Ice Fishing, Winter Putt-Putt, Penguin Bowling, and more? See the insert and mark the insert sheet if you're able to help!

Communal Life: January Congregational Meeting. The January Congregational Meeting will be held following the 11am service on **Sunday, January 28th, 2024**. At our January meeting we review our mission statement, receive annual reports, elect delegates to the VA Synod Assembly, and approve a budget. We will also be taking up a constitutional amendment intended to allow youth representatives to church council to serve 4 years rather than 2. More details forthcoming! Please pick up your copy of the annual report in the Gathering space.

St. Stephen Preschool Registration for the 2024-2025 year is now open to members of St. Stephen, who receive a *10 percent discount on tuition!* Please contact Preschool Administrator **Holly Ready** in the Preschool Office for more information.



## **St. Stephen Calendar: January 14 –21 , 2024**

### **SUNDAY, January 14 ~ *Second Sunday after Epiphany***

- 8:30 AM**    **Worship – Holy Communion (live-streamed on our YouTube channel)**
- 9:45 AM    Affirmation of Baptism (Library/Conference Room)
- 9:45 AM    Matins Choir Rehearsal (Worship Space)
- 10:00 AM   Faith Formation (Preschool Room)
- 11:00 AM**   **Worship – Holy Communion**

### **MONDAY, January 15**

#### **Offices and Preschool Closed**

- 2:30 PM    Stephen Ministry Meeting (Library/Conference Room)
- 7:00 PM    Finance Meeting (Library/Conference Room)

### **TUESDAY, January 16**

- 11:30 AM**   **Preschool Chapel (Worship Space)**
- 7:00 PM    Council Meeting (Library/Conference Room)

### **WEDNESDAY, January 17**

- 11:30 AM**   **Preschool Chapel (Worship Space)**
- 7:00 PM    AA Meeting (Fellowship Hall)
- 7:00 PM    Chancel Choir Rehearsal

### **THURSDAY, January 18**

- 12:00 PM   Staff Bulletin Review (Library/Conference Room)
- 5:30 PM    Handbell Practice (Worship Space)

### **FRIDAY, January 19**

### **SATURDAY, January 20**

- 5:30 PM    AA Meeting (Fellowship Hall)

### **SUNDAY, January 21 ~ *Third Sunday after Epiphany***

- 8:30 AM**    **Worship – Holy Communion (live-streamed on our YouTube channel)**
- 9:45 AM    Affirmation of Baptism (Library/Conference Room)
- 9:45 AM    Matins Choir Rehearsal (Worship Space)
- 10:00 AM   Faith Formation (Preschool Room)
- 11:00 AM**   **Worship – Holy Communion**
- 2:00 PM**    **Winter Carnival**

## Leading our Worship and Hospitality Today

Acolyte/Crucifer..... (8:30) Stan York  
..... (11:00) Alina Dabel  
Altar Guild ..... (8:30) Carol Wiers and Diana Tiller-Dichtel  
..... (11:00)  
Audio-Visual Team..... (8:30) Beth Grant (11:00)  
Bread Baker..... Janice Mayfield  
Cantors ..... (8:30) Patty Ballentine (11:00) Jim Larsen  
Communion Assistants ..... (8:30) Paula Agor and Carol Weirs  
..... (11:00) Terri Larsen and Jim Larsen  
Flower Delivery ..... Nelia Lamoureux  
Greeters/Hosts..... (8:30) Chris Punchard (11:00) Susan Kauffman  
Lectors..... (8:30) Ursula Recktenwald (11:00) Nancy Egloff  
Preacher..... Pastor Jon O Nelson  
Presider ..... Pastor Jon O Nelson  
Tellers..... Jane deSolms, Susan Britcher, Jim Larsen  
Ushers(8:30) George Martin and John McCurry (11:00) Glenn Joppa and Jim Weilmuenster

### ***St. Stephen Lutheran Church***

*612 Jamestown Road, Williamsburg, Virginia 23185*

[www.saintstephenlutheran.net](http://www.saintstephenlutheran.net)

*(757) 229-6688*

**Love God, Love People, Form Faith.**

*(St. Stephen Lutheran Church Vision Statement)*

#### **All of Us, Called Through Our Baptisms**

**Pastor Jon Nelson** (320-295-8861)

**Pastor Alex Sheppard-Witt** (717-434-5037)

**Karen Ives** – Director of Music (757-229-6688)

**Hollie Jones** – Parish Administrator (229-6688)

**Diana Tiller-Dichtel** – Parish Nurse (232-5924)

**Holly Ready** – Preschool Director (229-6688)

**Peninsula Pastoral Counseling Center** (873-2273; counselors are in Williamsburg on Thursdays)

Doing Ministry in the World

Pastorjn@saintstephenlutheran.net

Pastorasw@saintstephenlutheran.net

MusicDir@saintstephenlutheran.net

Office@saintstephenlutheran.net

Parishnurse@saintstephenlutheran.net

Preschool@saintstephenlutheran.net

# *Welcome to St. Stephen Lutheran Church!*

*Please fill this out and drop it in the offering plate  
or give it to an usher.*

*January 14, 2024*

Name: \_\_\_\_\_

## **For guests and members with changes:**

Address (Home) \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone # \_\_\_\_\_

E-Mail Address \_\_\_\_\_

## **Guests Only:**

I belong to \_\_\_\_\_

Church Address \_\_\_\_\_

\_\_\_\_\_

Please check as many as pertain:

Member

First time guest

Regular guest

Guest (out of town)

Student at William & Mary

Looking for a church home

Desire to speak with pastor

Would like more information about Stephen Ministry

Would like a Parish Nurse to contact me

Any comments? Please be sure your name is above, so we may respond, if necessary.

# Prayer Requests

Please **add** to the prayer list in this month's bulletin and next month's *Quill*:

(please note all names will be removed at the end of the following month, if you wish for someone to be added back on to the prayer list please resubmit their names here)

Name: \_\_\_\_\_

Please **remove** from prayer concerns:

Name: \_\_\_\_\_

\_\_\_\_\_ I need a name tag

\_\_\_\_\_ I will volunteer with the winter carnival

\_\_\_\_\_ I will bake/bring a festive cake, or cookies for the Winter carnival